

Training for International Staff to Support High-Quality Student Mobility

Series of Online Seminars

December 10th, 17th and January 21st and 28th

REGISTER BY

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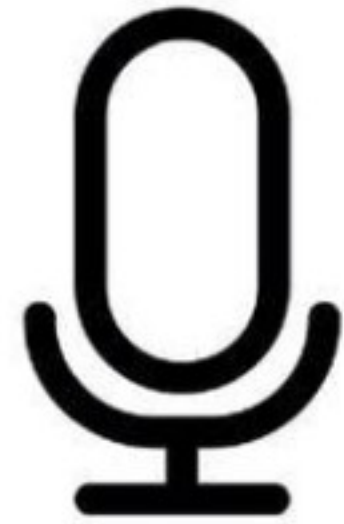
DECEMBER



Co-funded by the
Erasmus+ Programme
of the European Union



Before we start



This seminar is
recorded



Write your
questions in the
Q&A



Write your
comments in our
Chat

Training for International Staff to Support High-Quality Student Mobility

Online seminar #1 | Setting the Scene: Introducing a Framework for Erasmus Staff Competences – offering a tool to ensure the qualification of IRO staff

Date: 10.12.2020 | Time: 10:00-11:30 CET

Online seminar #2 | Learning fast: a transition from Change to Crisis Management

Date: 17.12.2020 | Time: 10:00-11:30 CET

Online seminar #3 | Reaching Out: How to communicate and perform effectively at work?

Date: 21.01.2021 | Time: 10:00-11:30 CET

Online seminar #4 | Getting On: Career development and soft skills

Date: 28.01.2020 | Time: 10:00-11:30 CET

Thursday 21st January 2021

Reaching out: How to communicate and perform effectively at work?

10:00
5'

Introduction to online seminar #3

Viktoriya Terzieva, European University Foundation

10:10
45'

Communication in times of crisis + Q&A

Frauke Stebner, EU02 Mobility Programs at the German Academic Exchange Service (DAAD)
Christina Bohle, University of Marburg

10:50
40'

Time Management + Q&A

Dace Silina, University of Latvia

11:20
10'

Closing the training

Christina Bohle, University of Marburg
Viktoriya Terzieva, European University Foundation

End of online seminar #3



Communication in times of crisis - using the example of the COVID-19 pandemic

Frauke Stebner
National Agency Germany



Erasmus+ mobility during the COVID-19 pandemic in 2020

December 31, 2019

Outbreak of a **new pneumonia** with a still unknown cause in China

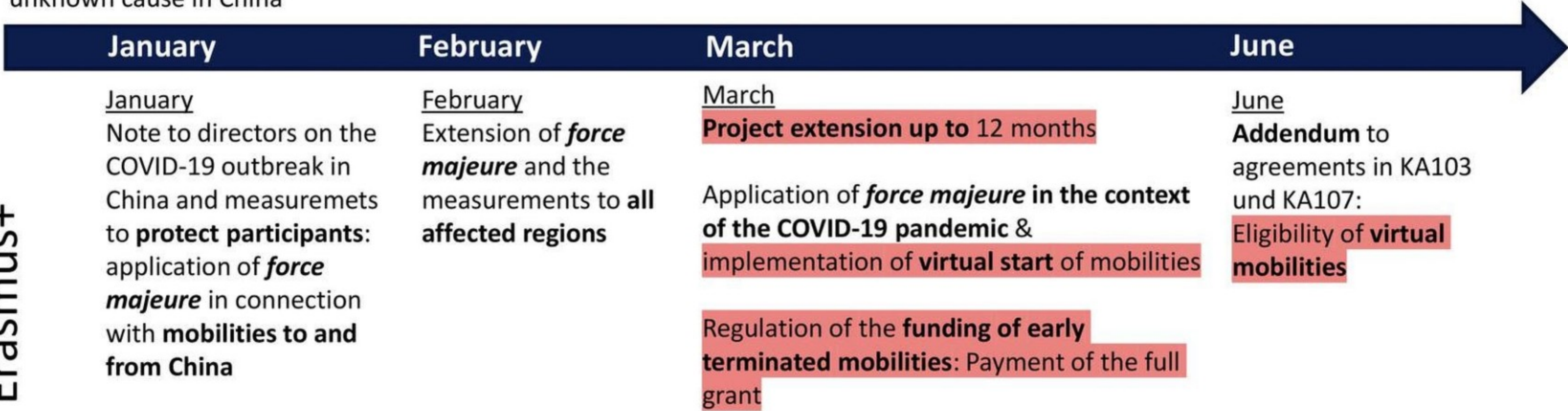
March 11

WHO declares the previous epidemic a **pandemic**

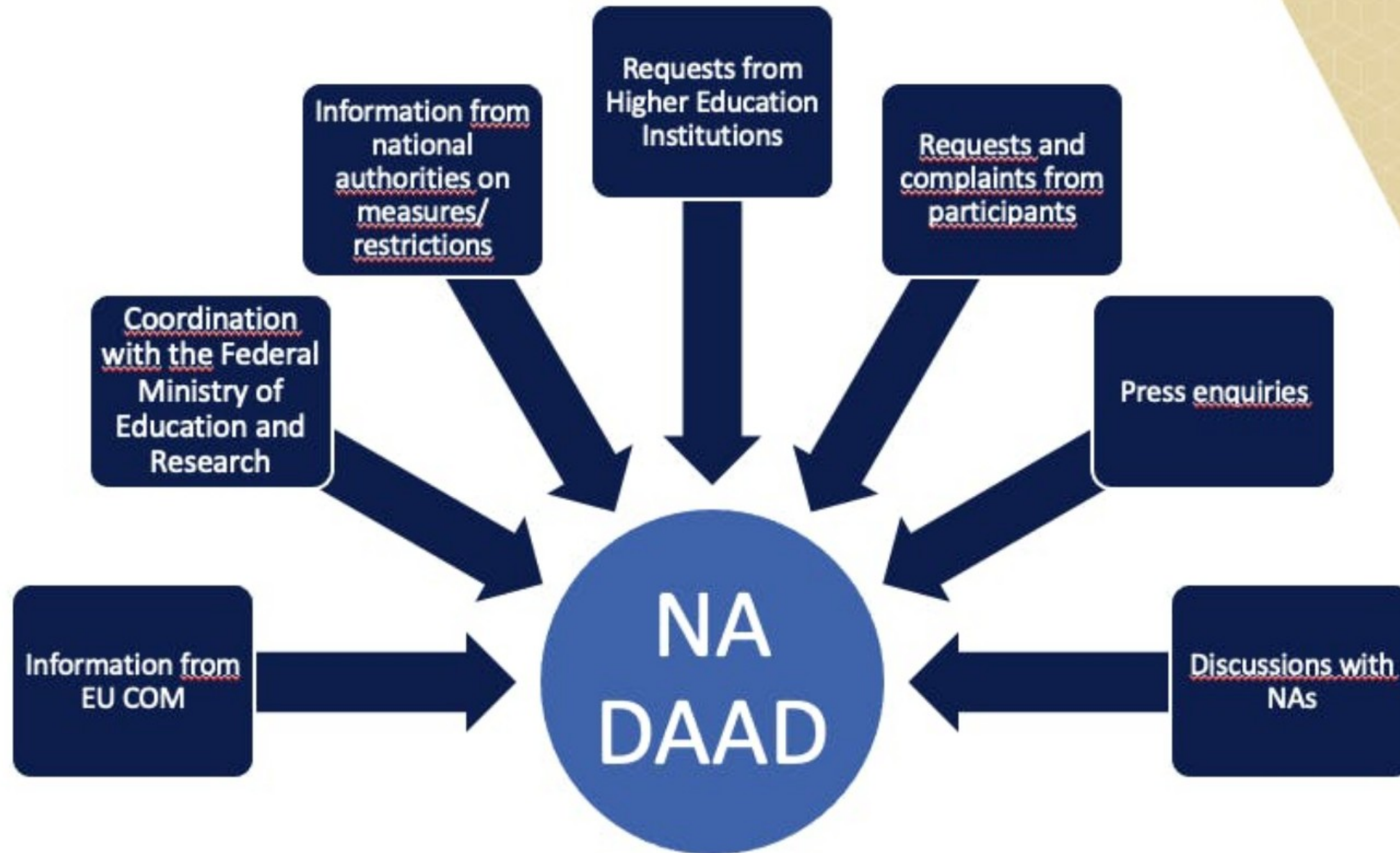
March 17

EU decides a 30-day **entry ban** for non-EU citizens

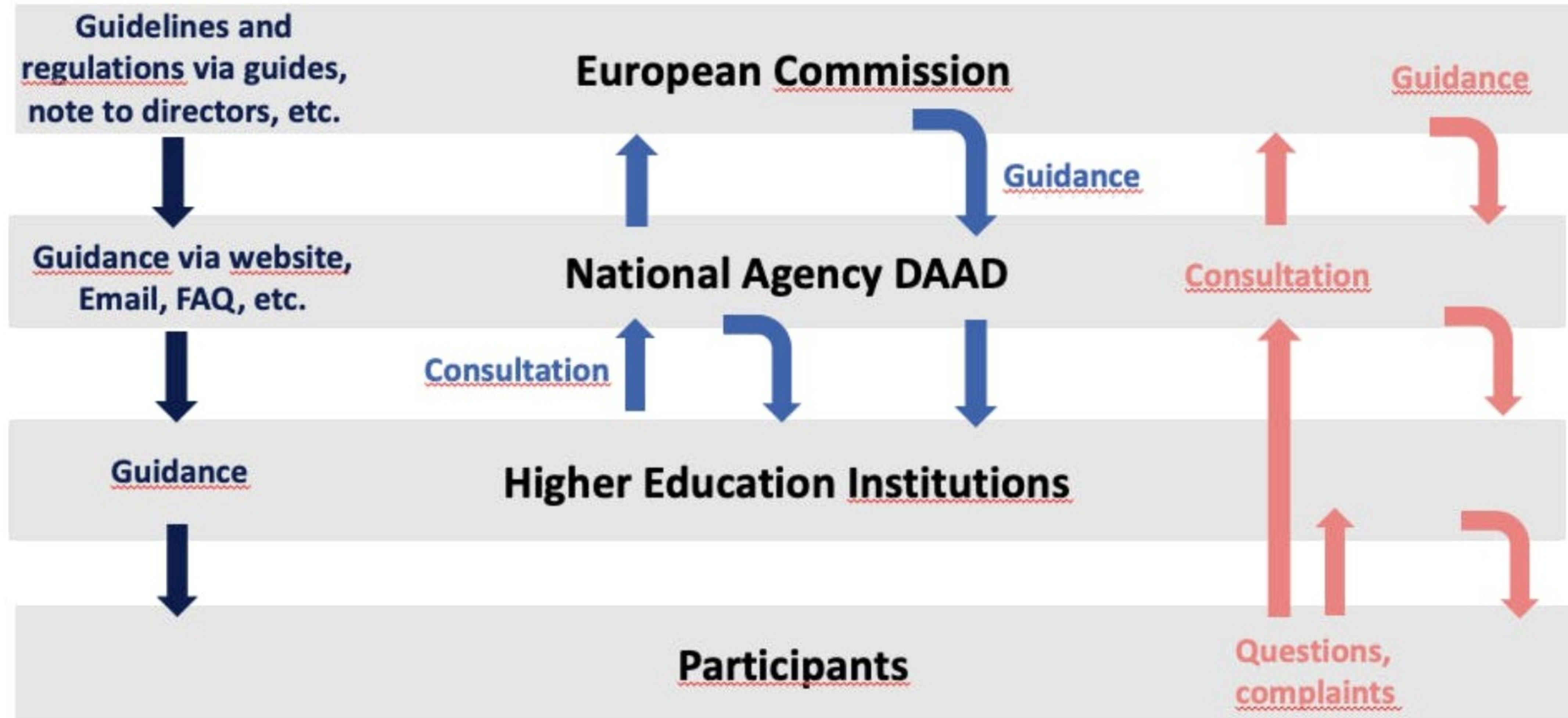
Erasmus+



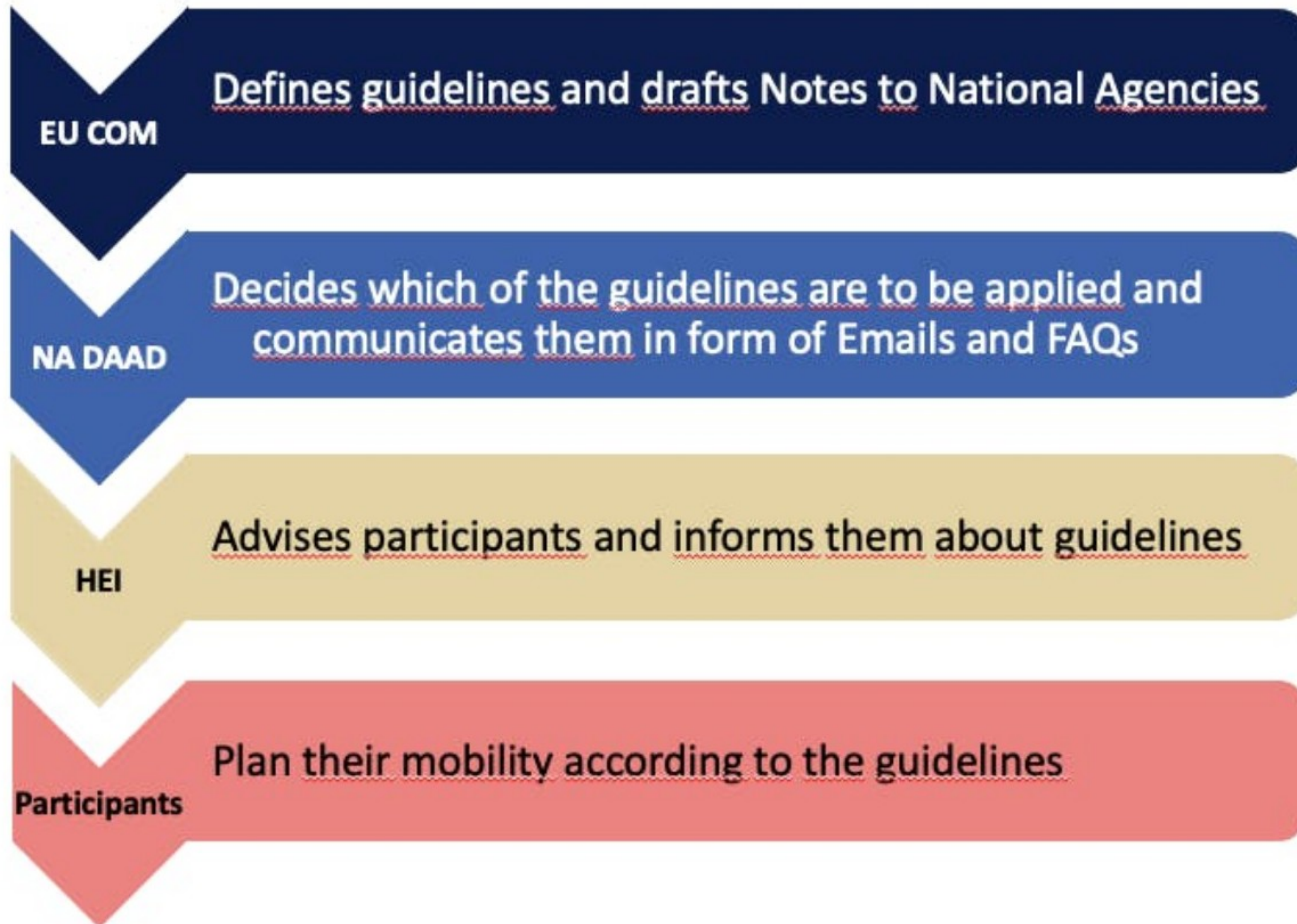
Communication during the *COVID-19 pandemic* - Stakeholder input



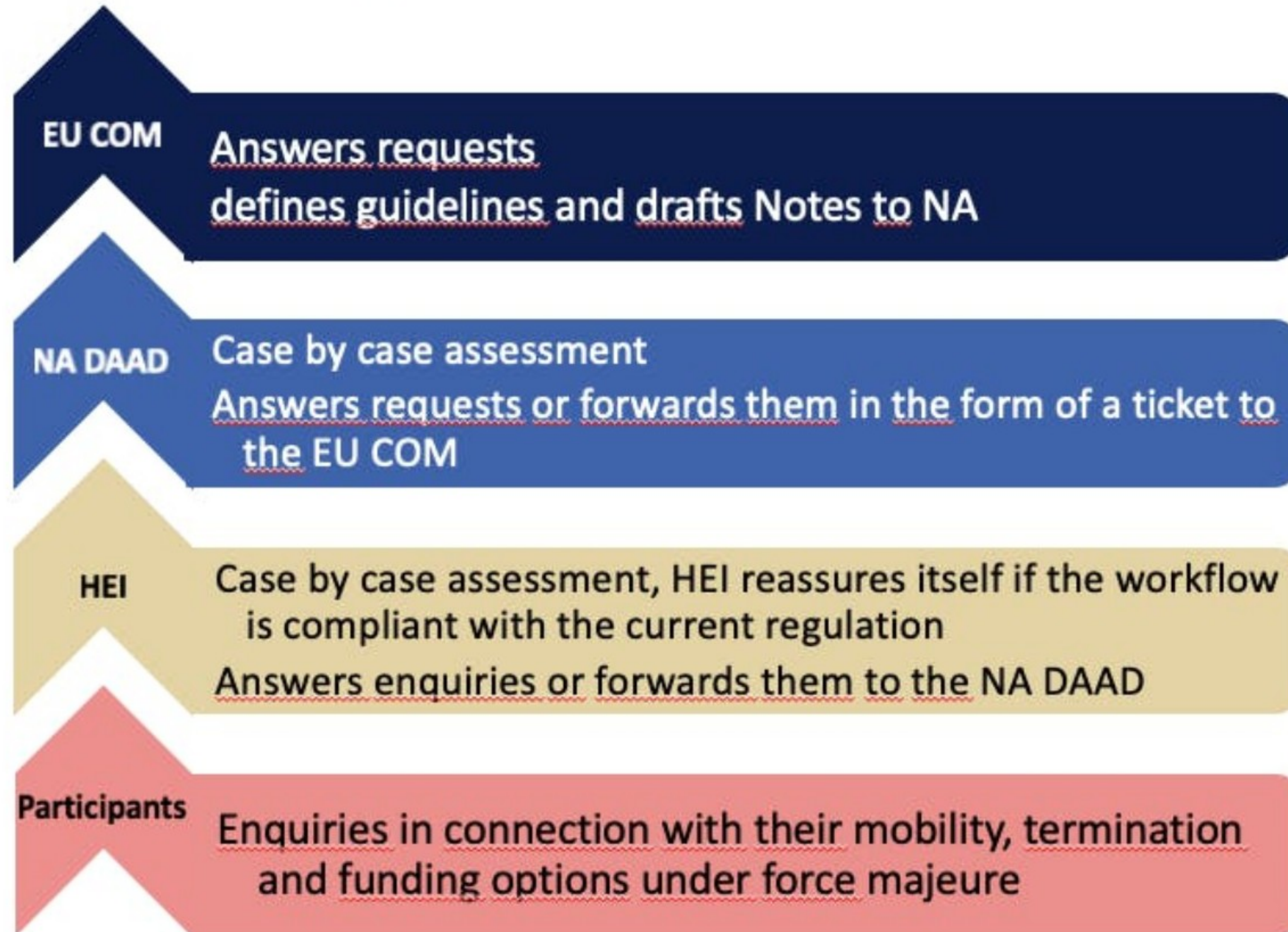
Communication channels at the National Agency



Communication top-down



Communiation bottom-up



The way of decision-making and challenges in communication

European Commission

Opens up new possibilities for handling mobilities affected by the COVID-19 pandemic



National Agencies

Decide which options to pass on to the beneficiaries



HEIs

Decide which measures and options to apply (e.g. accounting method, travel restrictions)



Participants

(Different) approaches at HEIs may lead to enquiries and complaints

Different approaches at national level



Different approaches at institutional level



Flexibility in project management - Advantages and Disadvantages

Advantages

Support of HEIs and participants
Demand-oriented implementation of measurements at Higher Education Institutions

Innovative ways of mobility to continue exchange
Protection/safety of participants

Disadvantages

Different approaches at NA and HEI level
Difficult decision-making process at NAs and HEIs
Responsibility for safety of participants

Unequal treatment of participants at national and international level
Transparency suffers
Lack of understanding among students

Safety of participants during the COVID-19 pandemic

EU KOM

Invokes the case of force majeure: financial regulations for termination or cancellation of mobilities

Implementation of virtual mobilities

No regulations regarding mobilities in risk areas

NA DAAD

Decides which measures to apply: new financial rules to support participants in case of force majeure

Issues amendments for the implementation of virtual mobilities, allows for funding of virtual mobilities in receiving countries

Recommendation: no mobilities in risk areas

HEIs

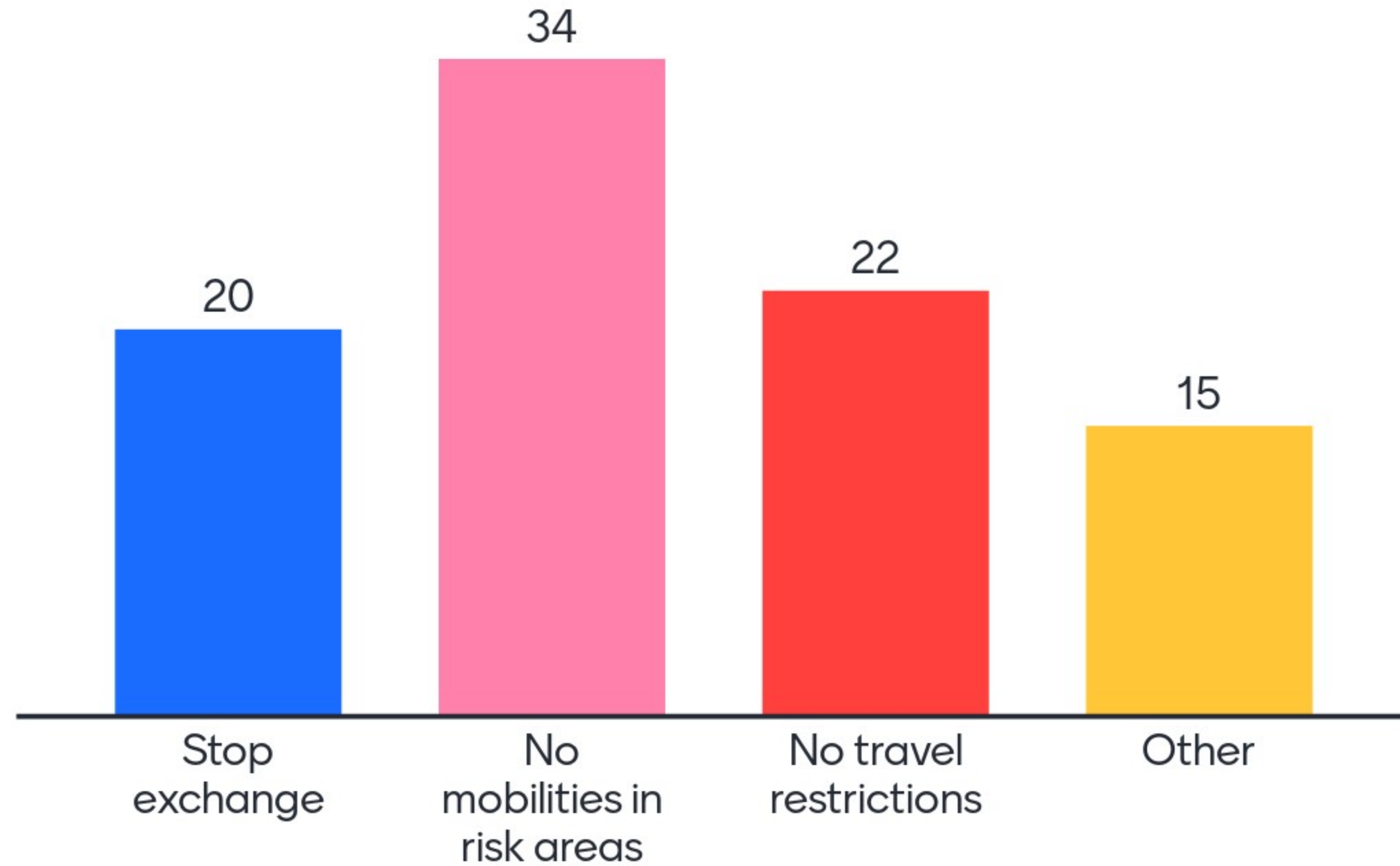
Decides which measures to apply: method of accounting, insurance and safety instruction of participants

Adaptation of GA, Implementation of virtual mobility (learning platforms, online teaching,...)

Decision to make:

- 1) stop exchange
- 2) no mobilities in risk areas
- 3) no travel restrictions

How do you handle physical mobility in times of the crisis?



Other:

.

No restrictions, it is up to the student to decide

Exchange for PhD or master thesis was still allowed

stop exchange

decisions by each faculty

encouraged virtual exchange

introduced online exchange

Stop exchange

Online mobility as an alternative

Other:

Mobility only in Eu countries

Restrictions for a while (24/08/2020) but now it is allowed to travel for long-term mobilities again

We suspended student mobilities until 30th Jan 2021 and staff mobilities until 30th Sept 2021 (both IN and OUT)

Mixt way of exchange study - on-line form

it is up to student to decide

We continue with the exchange in blended mobility. we recognize the time on place and later the rest on line.

it is up to student to decide if they want to go

In March 2020 we stopped the mobilities, but we allowed student mobility (min 2 months) to restart at the end of August. Staff mobility is still not allowed.

Blended and/or online exchange

Other:

No outgoing, only incoming in Sem 1. And for sem 2 only to European countries

following the guidelines of our ministry

decision by each Faculty/department

We Did the majority online

it's a student decision

No exchange till September

No restrictions

virtual exchange

Mainly no to exchanges but in certain cases up to the department to decide

Other:

Students had to apply for exemption

virtual mobility

dependend on the country

actually those measurements changed during the year, first no exchange, then with limits, online mobilities possible whole year

Out of Europe mobilities not recommended or forbidden depending on the increase of Covid impact

Student can decide whether to study abroad online or not

individual decision (student)

cancelled spring 2020 (some students remained in host countries until end of exchange), cancelled fall 2020, spring 2021 up to the students

Autumn 2020 no exchange now in Spring exchange but only in Europe

Other:

stop exchange for incoming participants, but allowed (exceptionally) mobilities of outgoing but not in the risk areas

no

Yes, because of the differences in government policy (incoming mobilities are restricted, outgoing mobilities are possible)

Stop mobilities in the first semester of a.y. 2020/2021 only

yes

very good and promptly

No

yes, incoming mobility was possible in the first semester of this academic year

very clear

Other:

not really fast and usefull

Do you use different approaches for incoming and outgoing mobilities?

yes

no

No

yes

No, difference is made between students and staff

No

No.

No

no

Do you use different approaches for incoming and outgoing mobilities?

No

yes

No

yes

no

no

No

yes

No

Do you use different approaches for incoming and outgoing mobilities?

yes

no

Yes

no

no

No.

No, same rules for incoming and outgoing mobility

NO

No

Do you use different approaches for incoming and outgoing mobilities?

No

no

yes

no

no

No, we use the same

no

no

yes.

Do you use different approaches for incoming and outgoing mobilities?

according to the country

no

no

Yes, adapting mainly to partners universities decision for incoming students

Yes. Depends on location

no

Yes

incoming allowed, outgoing discontinued for risk areas.

incoming and outgoing mobilities are possible

Do you use different approaches for incoming and outgoing mobilities?

no, both directions are allowed for virtual and 'traditional' exchange

same approach

yes, incoming - only online mobility, outgoing - possible online and on-site (if the partner HEI offers some on-site activities)

yes

Not really, students have to follow rules for crossing the border.

The approaches are very similar, though incoming mobility has more flexibility

we maintain present form of teaching in Medicine, so we accept a lot of incoming students who don't have this possibility at their home university

no

Second semester: only virtual

Do you use different approaches for incoming and outgoing mobilities?

Yes. Incoming no restrictions. Outgoing only to European countries with colour code green, yellow

Incoming: propose internative programs on online/blended basis

we allowed both mobilities but with restrictions specific to each country depending on the evolution of the pandemics

No, but incomings are only online

All socializing activites are online. Enrollment is online. Teaching is based on the situation and governmental restrcition

Yes, there are no outgoing mobilities, but we do encourage incoming mobilities

different: outgoing mobility has been carried our according to partners' conditions, incoming mobility has been moved online

Outgoing only within EU, incoming no restrictions

Mit really goid

How would you rate the communication management during the crisis?

Not good

Average. Maybe too chaotic

it is ok but rules changed a lot

everyone has been fast to deliver updates

Not clear

not always

fine

OK

Complicated

How would you rate the communication management during the crisis?

not enough

Yes, regular updates.

late communication

Slow decision making - top down

not clear

to slow

the information is passed from the Institutional Coordinator in quite understandable way

More or less

OK, but very fluid

How would you rate the communication management during the crisis?

Worked pretty good

Bad. Chaotic and slow response.

not so clear

Absolutely usefull, it just came a bit late

Too slow for a crisis time

not clear

it is ok

Good!

Confused...

How would you rate the communication management during the crisis?

Just ok.

not every university were flexible

We couldn't make actions just reactions

information flow from the NA to the HEIs could have been improved by large amounts, it was chaotic and last-minute

I wouldn't call that flexible exactly. Our NA's decision was slow.

decision making took a while so we where left in de dark about what was possible regarding exchange

The communication from our central international office to our faculty was not always fast or clear, there were some misunderstandings

Not good, not fast enough, chaotic

Nothing changed in principle

How would you rate the communication management during the crisis?

Our NA forgot about us. We received all information with huge delay ...

complicated

Poor, took to long to get information from our National Agency and our University

not clear

Ever changing guideines from Na.

yes but not very detailed on procedures to be adopted

Very clear

Best effort in a difficult situation

confused

How would you rate the communication management during the crisis?

the information flow from our NA was smooth

Flexibility is most useful; communication and clarity of infos is not always effective

not clear, many changes

ok

Too slow communication due to national restrictions

Communication was slow making it to HEI level. We had to tell students we were waiting for guidance for a long time.

We all had to adopt quickly, so it was useful and ok

A lot of different measurments and info

Yes, the passed information was clear but it came a bit late

How would you rate the communication management during the crisis?

the information from the NA is not clear and specific.

it was better for the outgoing action, the incoming was to be done by the person in charge of it

long mails - would be better if there was a more systematic way

Continuous changes, but good information

yes, it was quite clear, details sometimes had to be more precise, but generally good communication

too many different discourses, too many change. No equality between students Not clear

OK, but sometimes not clear

A bit slow and a lot of changes

clear information from our National Agency but a lot of different personal situations make difficult to implement mesures

How would you rate the communication management during the crisis?

not very fast and usefull

Communication was clear, changes in the rules are of course difficult to implement because existing workflows have to be changed (complex)

Information passed down not clear and changed regularly

we have good communication with our partners and with our national agency

clear but complicated

Quite well but working at home

Intensive but ok

great support of Polish National Agency in terms of covid-affected mobilities/regular updates based on notes from EU etc.

good

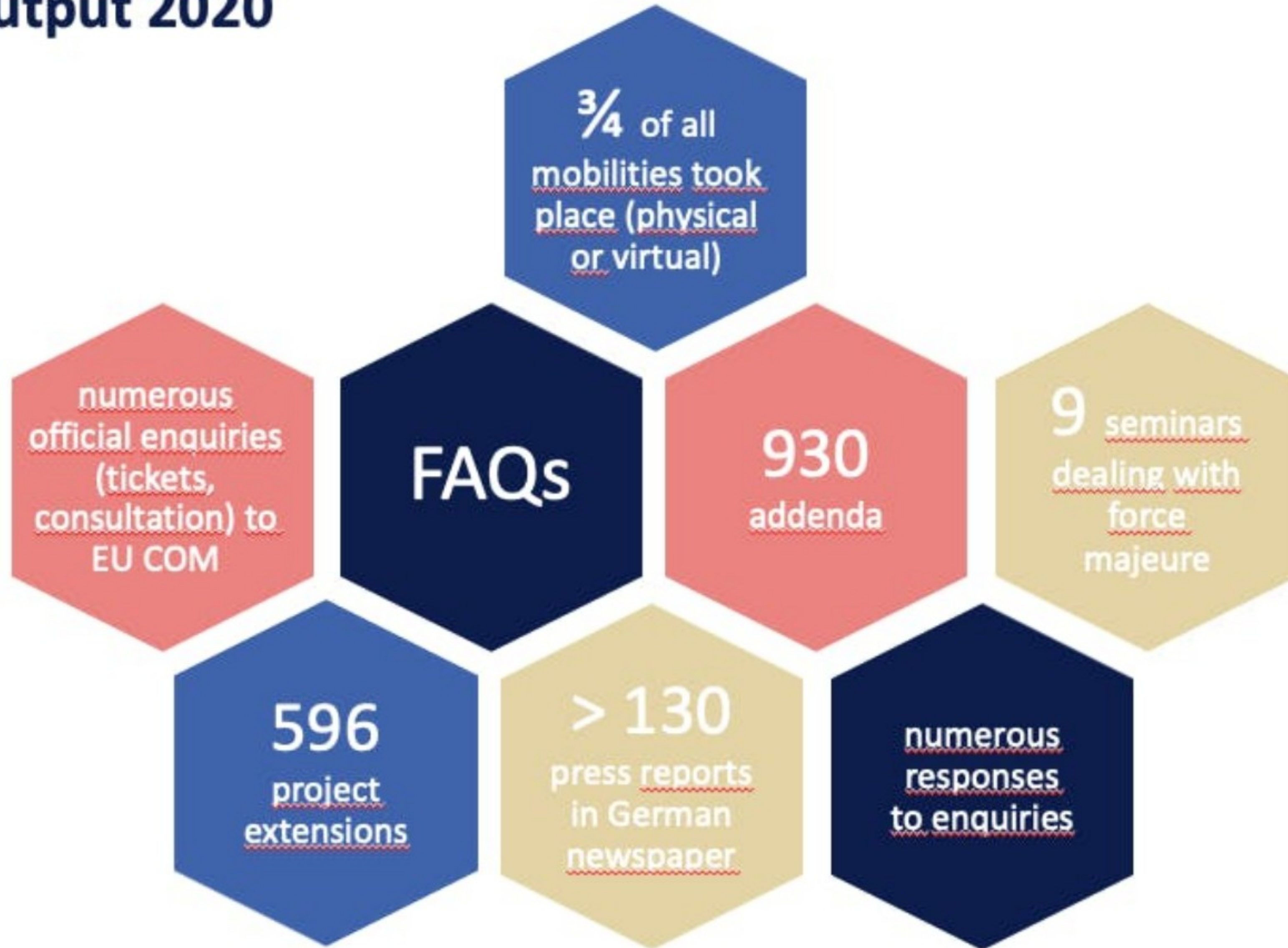
How would you rate the communication management during the crisis?

not so good

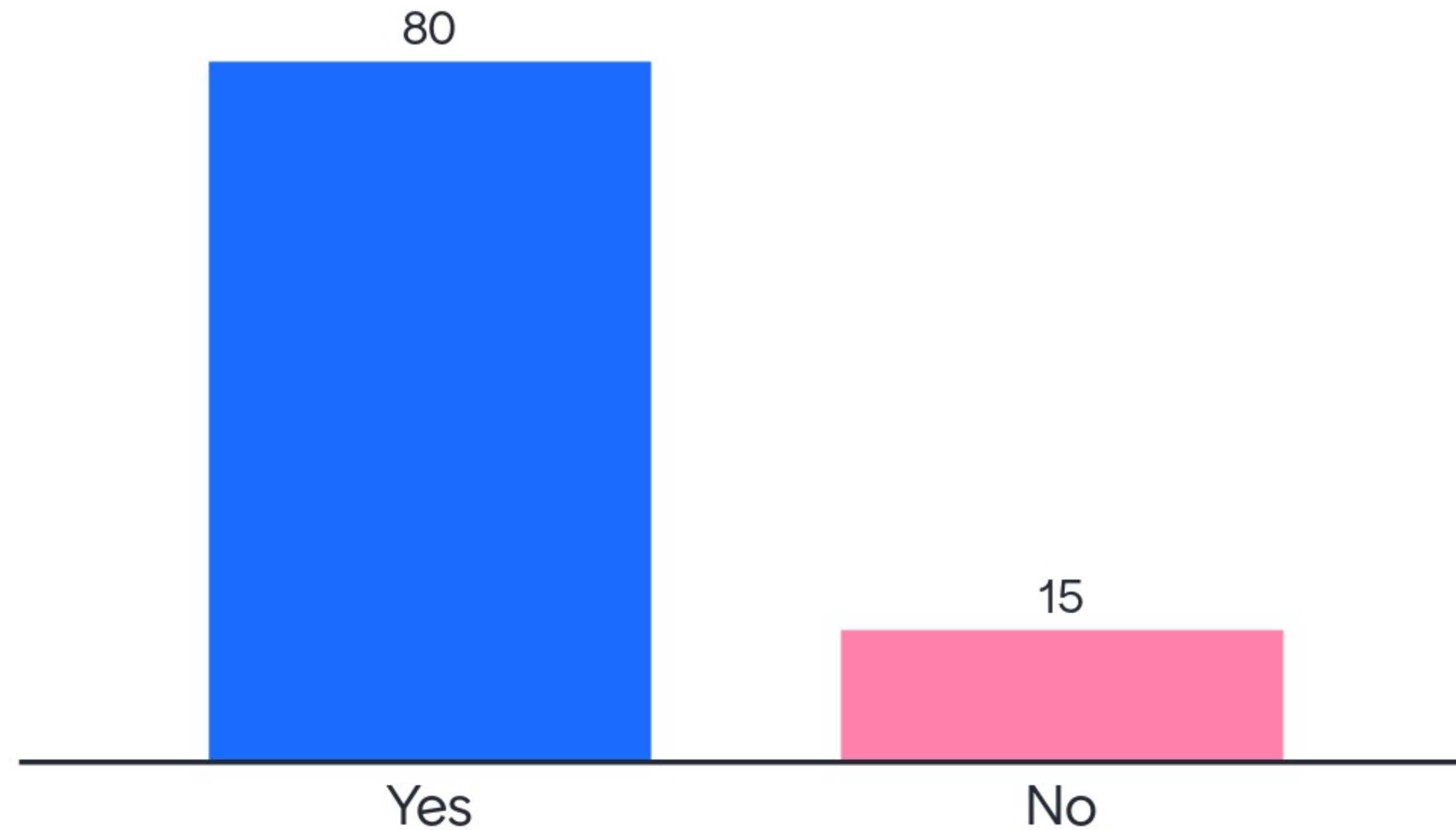
clear and coherent

A lot of changes, so it was not so clear all the time

Output 2020



Do you expect long term changes in mobility, communication, structure at your HEI, as a result of crisis management?





Nationale Agentur für
EU-Hochschulzusammenarbeit
Erasmus+ National Agency
„Higher Education“

DAAD – Deutscher Akademischer Austauschdienst
German Academic Exchange Service (DAAD)
Kennedyallee 50 | 53175 Bonn
www.daad.de

Servicenummer: 0800 2014 020



Links

FAQ for Higher Education Institutions

<https://eu.daad.de/service/faq/coronavirus/de/76108-coronavirus-und-erasmus-faq-fuer-hochschulen/>

FAQ for participants

<https://eu.daad.de/service/faq/coronavirus/de/76109-coronavirus-und-erasmus-haeufig-gestellte-fragen-von-gefoerderten-studierenden/>

Events during NA annual meeting

[Erasmus+ Jahrestagungszyklus 2020 \(eventmobi.com\)](#)

FAQ EU COM for organisations

https://ec.europa.eu/programmes/erasmus-plus/resources/coronavirus-faq-organisations_en

FAQ EU COM for participants

https://ec.europa.eu/programmes/erasmus-plus/resources/coronavirus-faq-participants_en

Supporting students during mobility

Ensuring SAFETY in times of crisis



Applying the Framework: Lessons learned & Competences gained

Supporting students during mobility

Student related tasks - during mobility

Provide direct response and (tailored) assistance in case of travel, medical, political, or social crisis situations for incoming and outgoing students

Monitor and supervise/mentor outgoing students during the period abroad

Provide appropriate (introduction) activities and guidance for incoming students

Support the integration of incoming students into the institution and social life of host town (e.g. buddy programme)

Applying the Framework: Lessons learned & Competences gained

Supporting students during mobility

Provide direct response and (tailored) assistance in case of travel, medical, political, or social crisis situations for incoming and outgoing students

Knowledge

Knowledge of (higher) education in a national and global context, in particular re. internationalisation

Identify and interpret relevant information that may influence the provision of facilities to students.

Identify, interpret and apply information on mobility programmes (ECTS, relevant innovations etc.).

Knowledge of structures, strategies & procedures of the home institution, in particular re. Internationalisation

Understand and interpret the (developments in the) home institution's structures, strategies & procedures (relating to educational policy, student affairs & services, quality assurance mechanisms, marketing & communication, financial policy).

Applying the Framework: Lessons learned & Competences gained

Supporting students during mobility

Provide direct response and (tailored) assistance in case of travel, medical, political, or social crisis situations for incoming and outgoing students

Skills

Intercultural skills

Anticipate and respond to (cultural) differences in expectations re. assistance and supervision.

Communication skills

Respond (orally or in writing) immediately when a quick decision is required.
Analyze a critical situation and report about it orally or in writing).

English language skills

B2

Digital skills

Use appropriate digital tools and technologies to collaborate, share data, information and digital content.

Applying the Framework: Lessons learned & Competences gained

Supporting students during mobility

Provide direct response and (tailored) assistance in case of travel, medical, political, or social crisis situations for incoming and outgoing students

Attitude

Responsiveness, pro-activity & flexibility

Anticipate the (individual) needs and expectations of different stakeholders.

Demonstrate the aspiration to assist students, displaying an appropriate degree of flexibility.

Confidence, empathy & openness

Act confidently and conscientiously, with a suitable degree of empathy and openness towards colleagues, students and other stakeholders.

Safety of participants during the *COVID-19 pandemic*

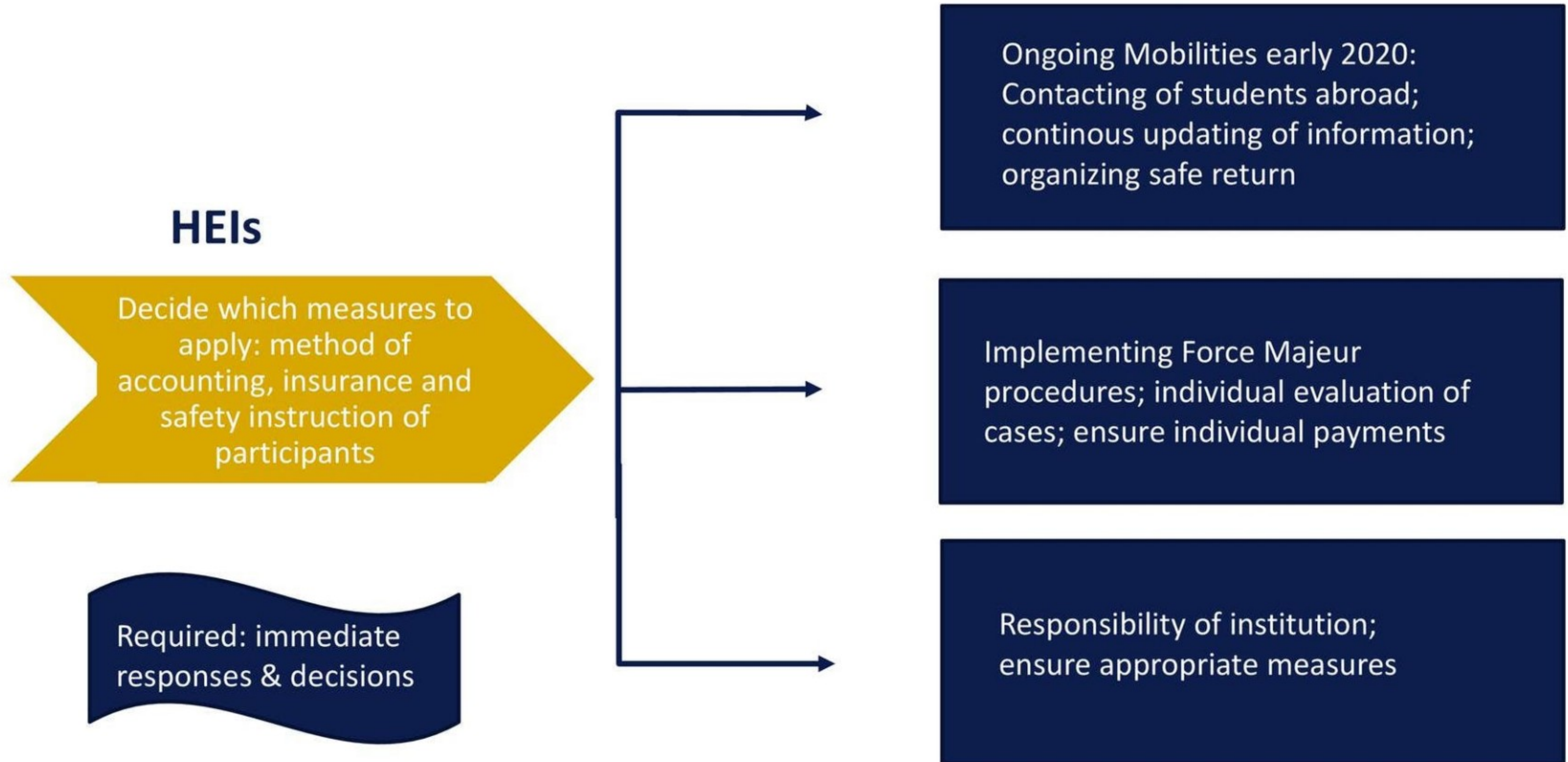
EU KOM

NA DAAD

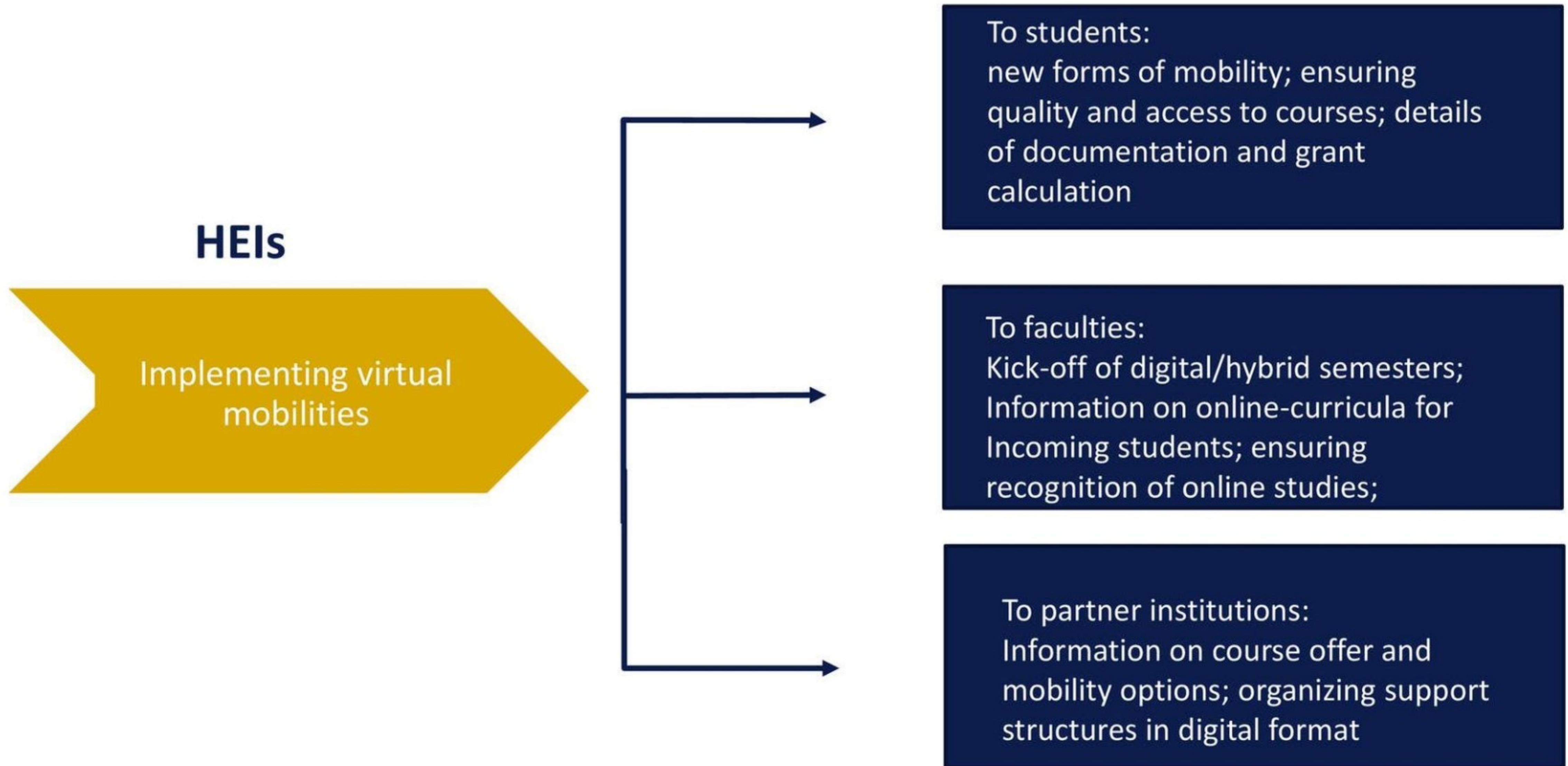
HEIs



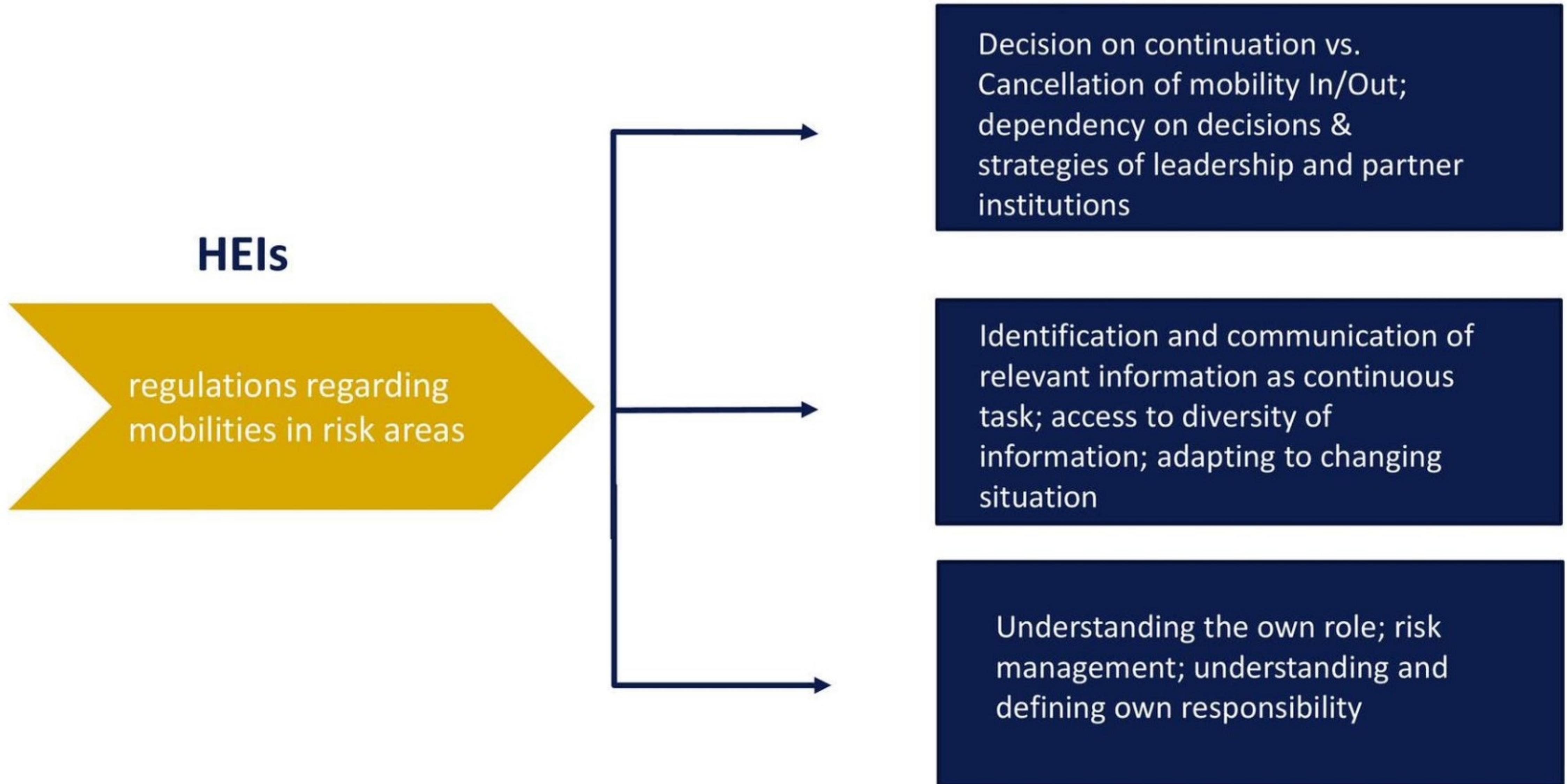
Communication in times of crisis: the role of HEIs/IROs



Communication in times of crisis: the role of HEIs/IROs



Communication in times of crisis: the role of HEIs/IROs



Communication in times of crisis – and beyond the crisis!

HEIs

Reacting to changing program requirements & external factors

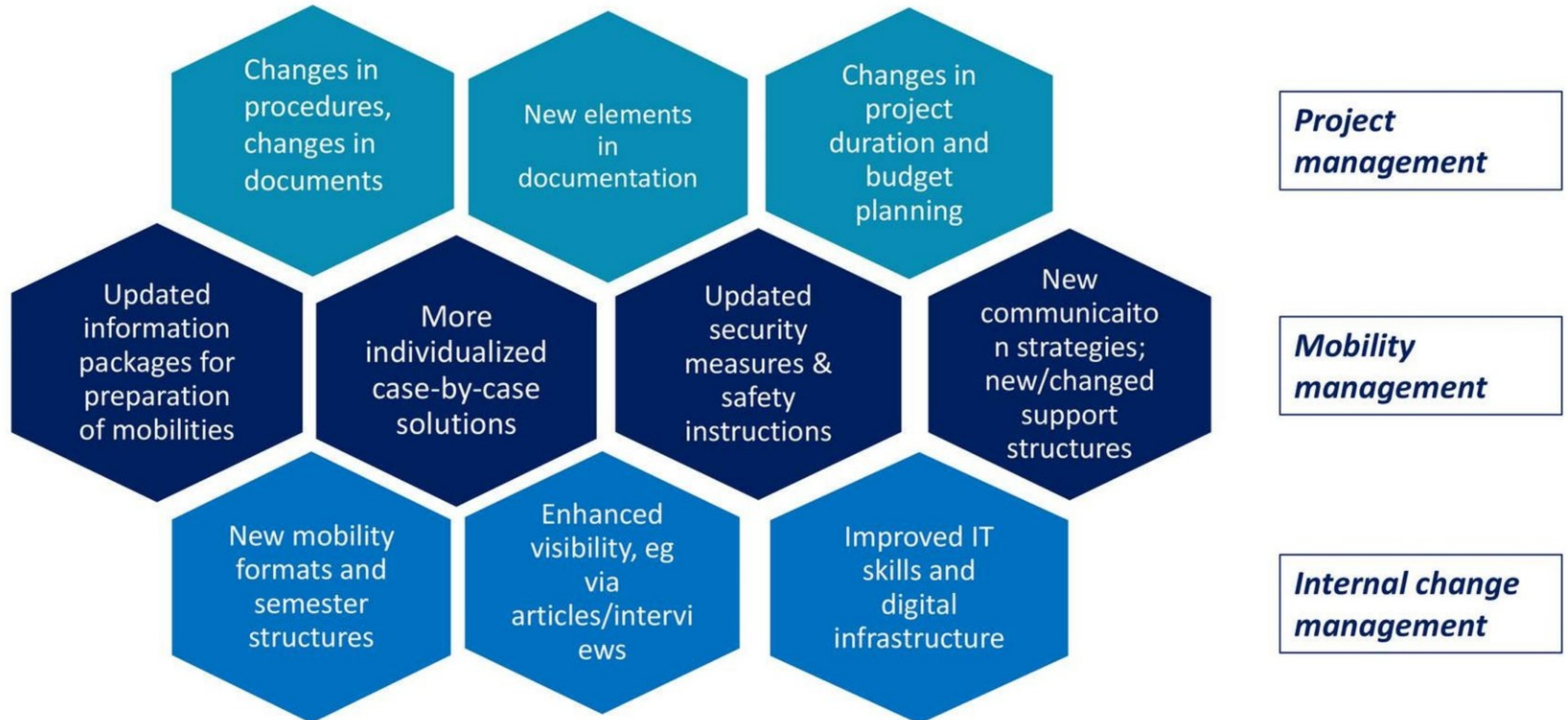
The Crisis as a chance: from short-term solution to strategy

Post-crisis: new mobility formats tested and ongoing; new support structures established; communication with faculty, students and partner institutions intensified; knowledge, skills & attitude on many levels established

Required: immediate responses & decisions

Long-term development

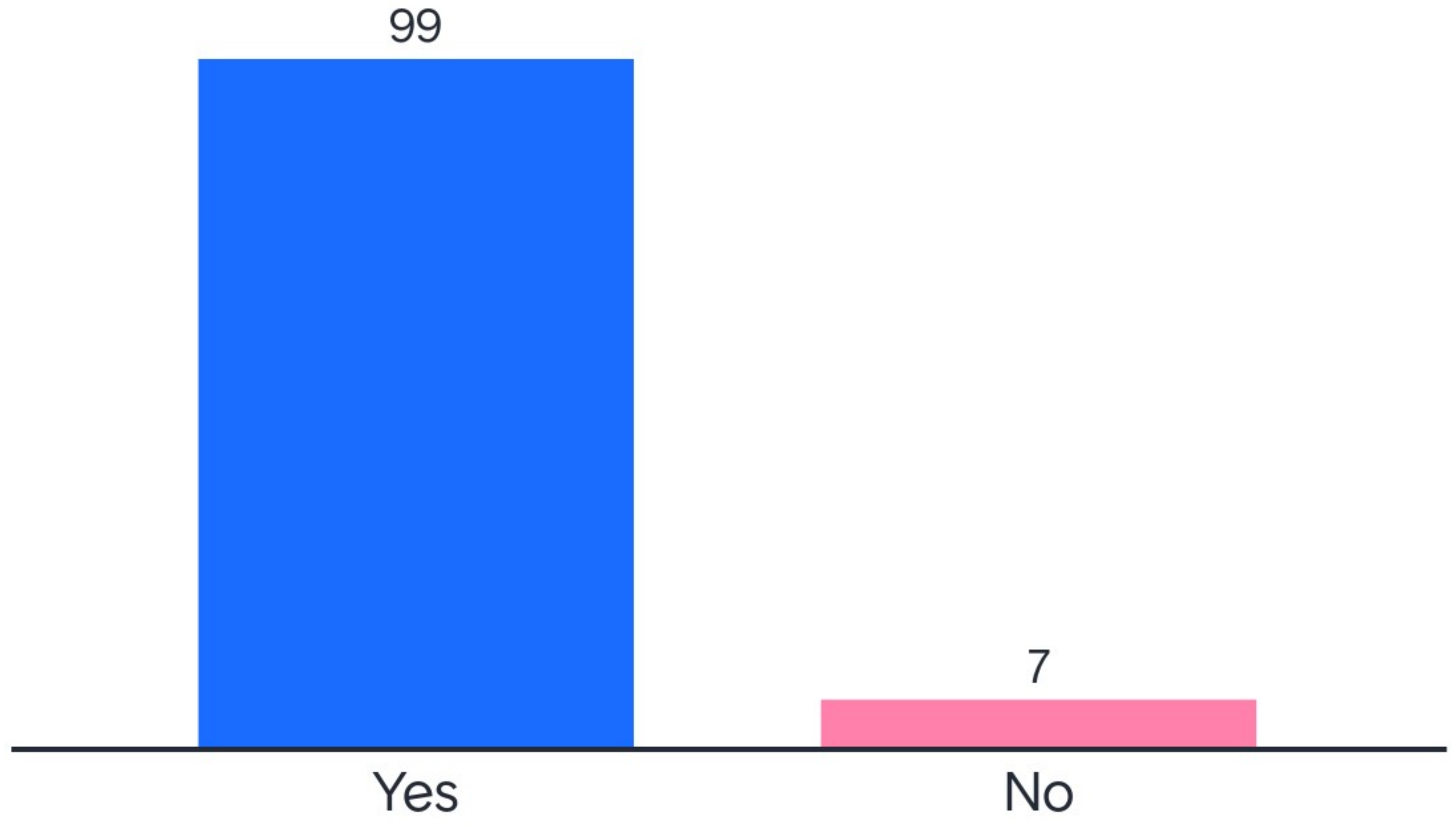
Output: what were the results of the crisis management at HEIs?



Effective Time Planning



Did the stress and time pressure increase in the mobility management in the past 5 years?



What strategies have you developed to cope with the stress/time pressure?

digitalization

adaptation

mindfulness

Automate some steps in process

nothing

improve international office

digitalisation

stablish priorities

None, unfortunately!

What strategies have you developed to cope with the stress/time pressure?

Work overtime

Digitalization

Prioritise work, do what I can.

short communication lines between IO and faculties

set a list of priorities

Communication

providing consultation

Team support

none

What strategies have you developed to cope with the stress/time pressure?

Limit working hours. Enough is enough

Digitalization

nothing

sport

Cooperation

digitalization

one thing at a time

adaptation

go on holiday :)

What strategies have you developed to cope with the stress/time pressure?

try to adapt

Organization,

Make my own guidelines

Run faster! Keep templates. Use digitalization

Inprove

switched from coffee to tea

We don't have strategies, you have to deal with it by yourself

Adaptation

nothing :(

What strategies have you developed to cope with the stress/time pressure?

Good time management and team work

More effective time management, regular meetings

many discussions with IO and faculties about tasks

more exchange with colleague / training

Fast reactions and almost 24/7 assistance

organization

prioritize

Priorities

better time-management

What strategies have you developed to cope with the stress/time pressure?

none

Digitalisation, work-life balance

Courses on how to deal with pressure

clear division of tasks within the team

no strategies were developed

attempt to simplification

no strategy has been introduced yet

work more

expand team so tasks are divided between more people: makes process less vulnerable

What strategies have you developed to cope with the stress/time pressure?

digitalisation and the introduction of Mobility Online

Just to do the tasks I have and no timewaste at all

Increasing management procedures and work overtime

none

More sport

more thee

Involving more colleagues at different levels

time management

Make choices to focus

What strategies have you developed to cope with the stress/time pressure?

Take the time for it

relax when ever possible

put students in groups depending on what case should be solved and handle them together

prioritise commitments

flexibility, communication

Digitalization and teleworking

Only the most necessary

organization

yoga!!

What strategies have you developed to cope with the stress/time pressure?

Define strict work - free time - phases

make good and clear guidelines

adaptation hoping for better time

Be more flexible; one-by-one approach; be more available for students

work on weekends

team work

task delegation to faculty

Meditate

more communication with colleagues

What strategies have you developed to cope with the stress/time pressure?

change priorities, deal only with really important matters

Avoid VCs

work with group of students

Avoid stress/time pressure at all

Dace Siliņa, Mg.sc.soc
career consultant, coach
career center
University of Latvia



Effective time planning

Individual time perception



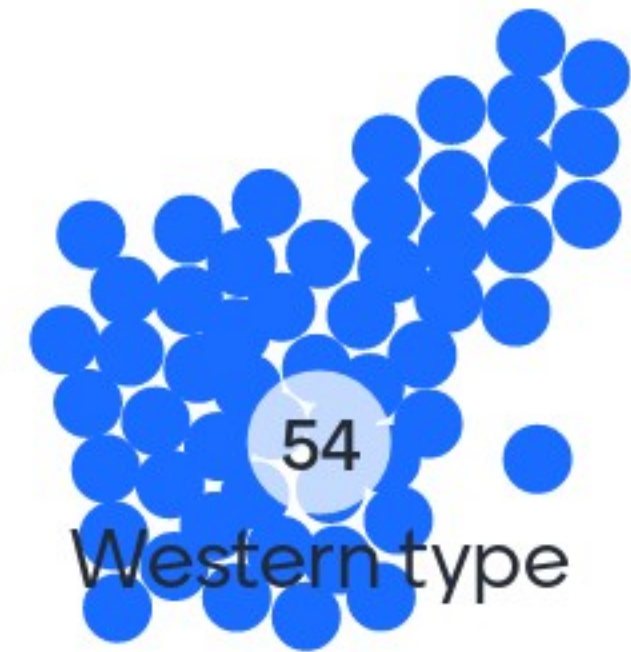
Western type



Oriental type



Which time perception type you resemble the most?



Time management matrix

	<u>Urgent</u>	<u>Not urgent</u>
<u>Important</u>	A	B
<u>Less important</u>	C	D

Just do it!

Do planning!
Split the task
in stages!

What is the
motivation? Why
are you doing
this?

Waste of
time...

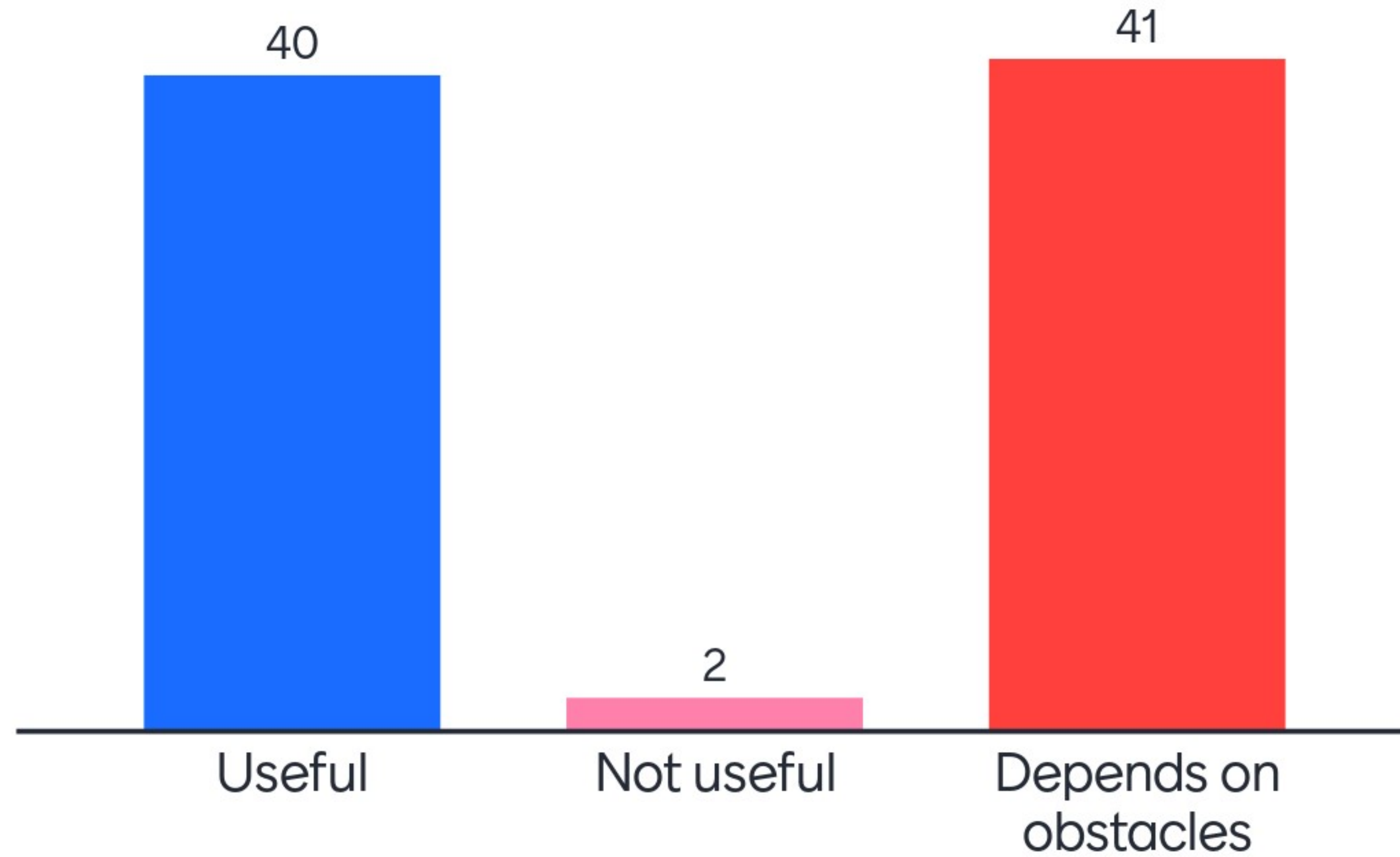


Goal setting

- Well-defined goals description based on SMART model:
 - Specific
 - Measurable
 - Attainable
 - Relevant
 - Time - based



Do you find the SMART model in time management:



The task - training: successful goal setting

I will be doing sports starting from 1st of January 2020

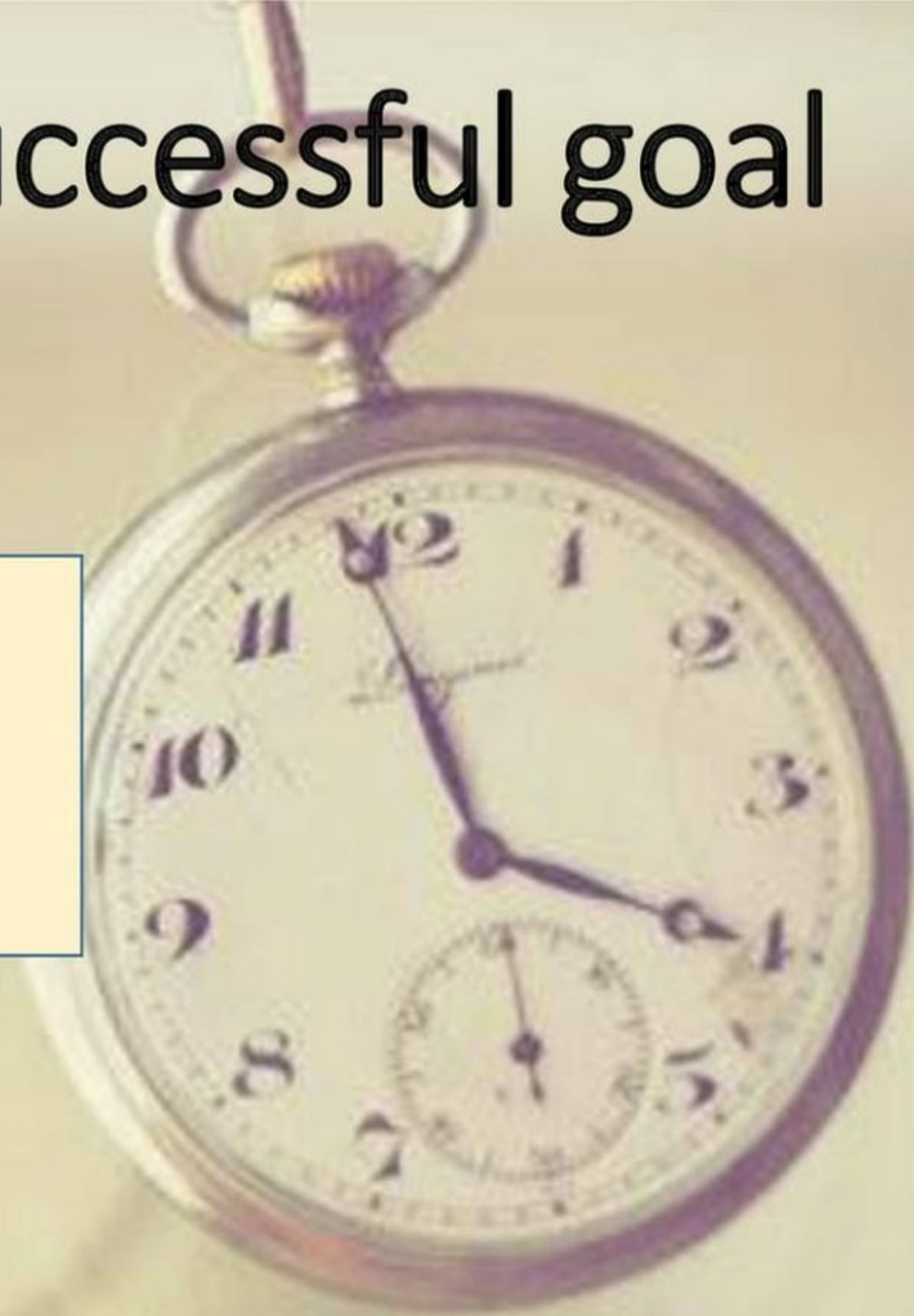
0:00 AM.



The task - training: successful goal setting

I

I will reply to most important e-mails as soon as possible.

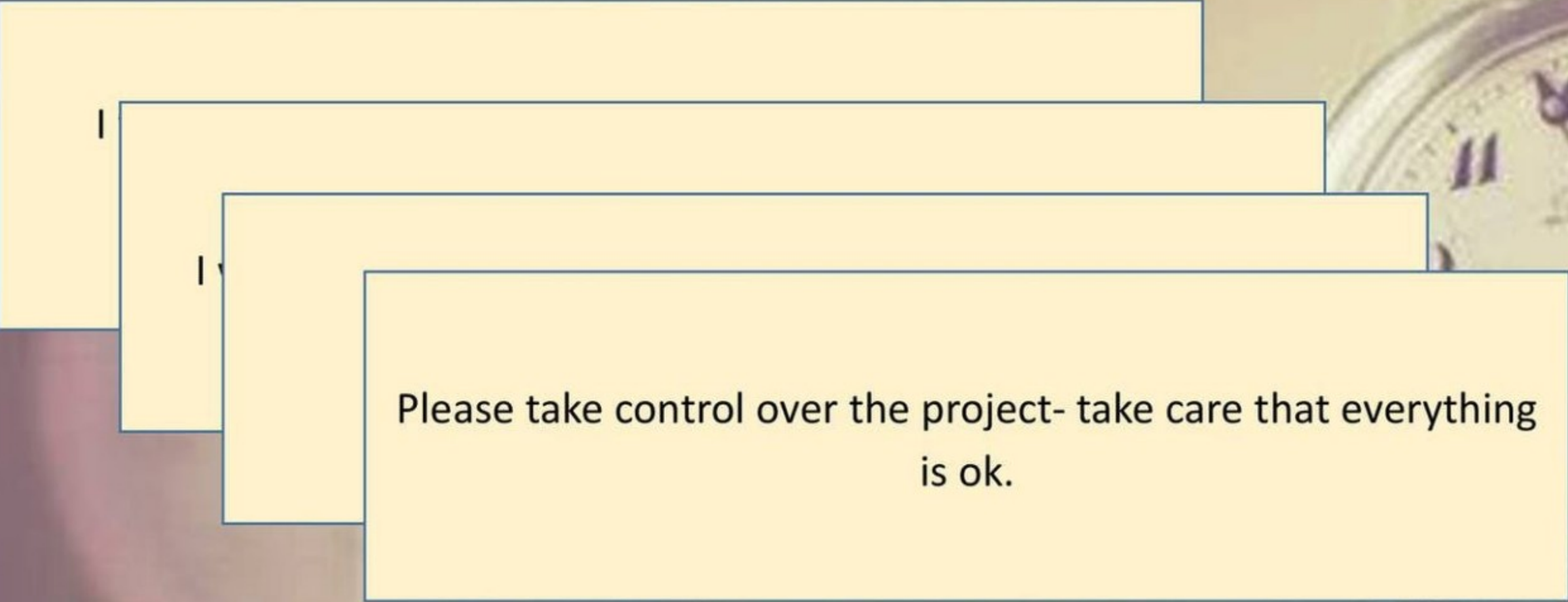


The task - training: successful goal setting


I will renew my wardrobe by the end of April.



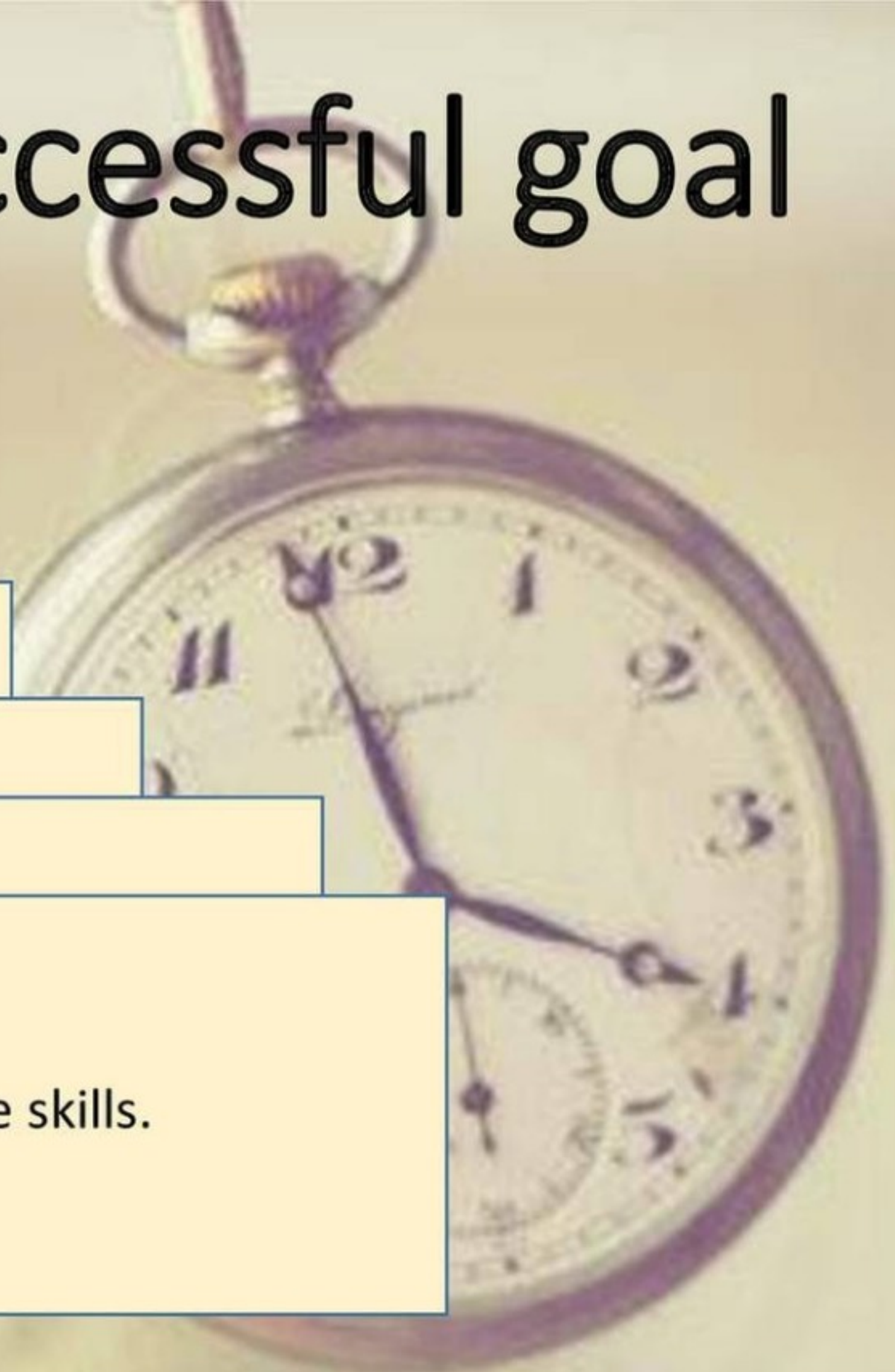
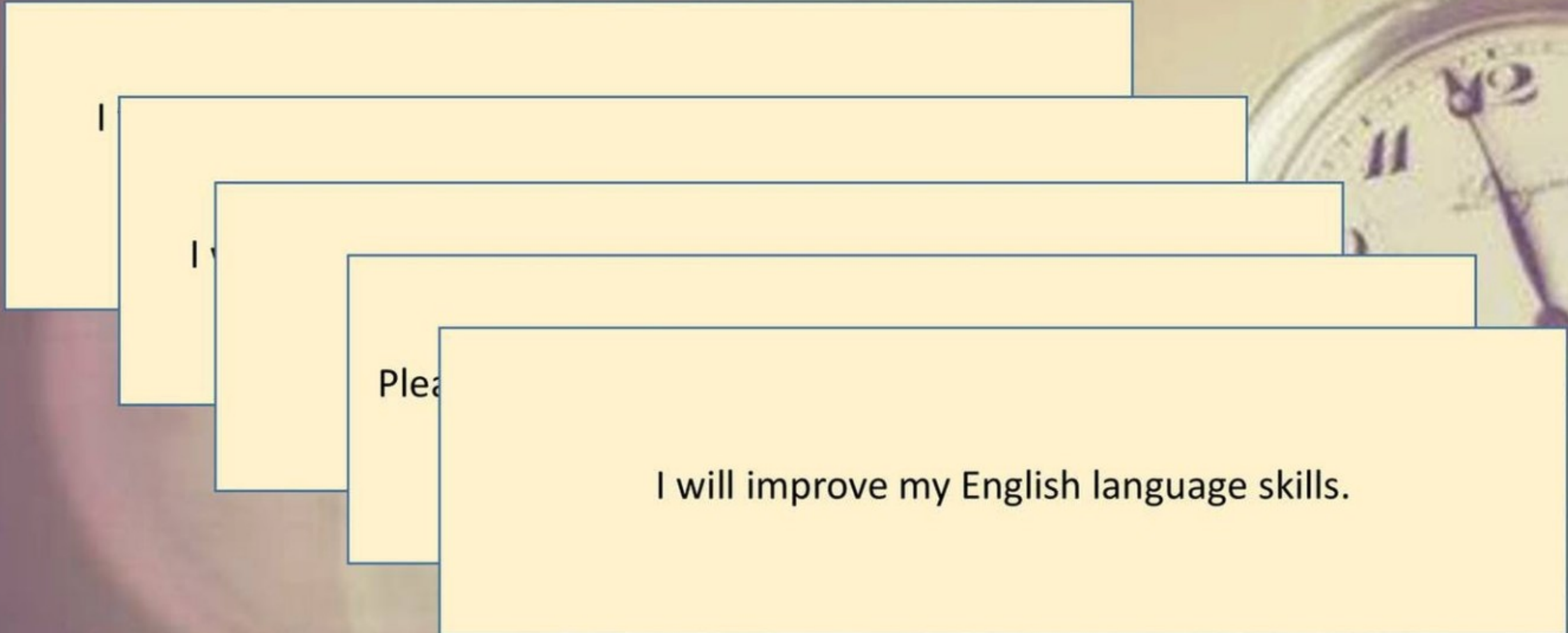
The task - training: successful goal setting



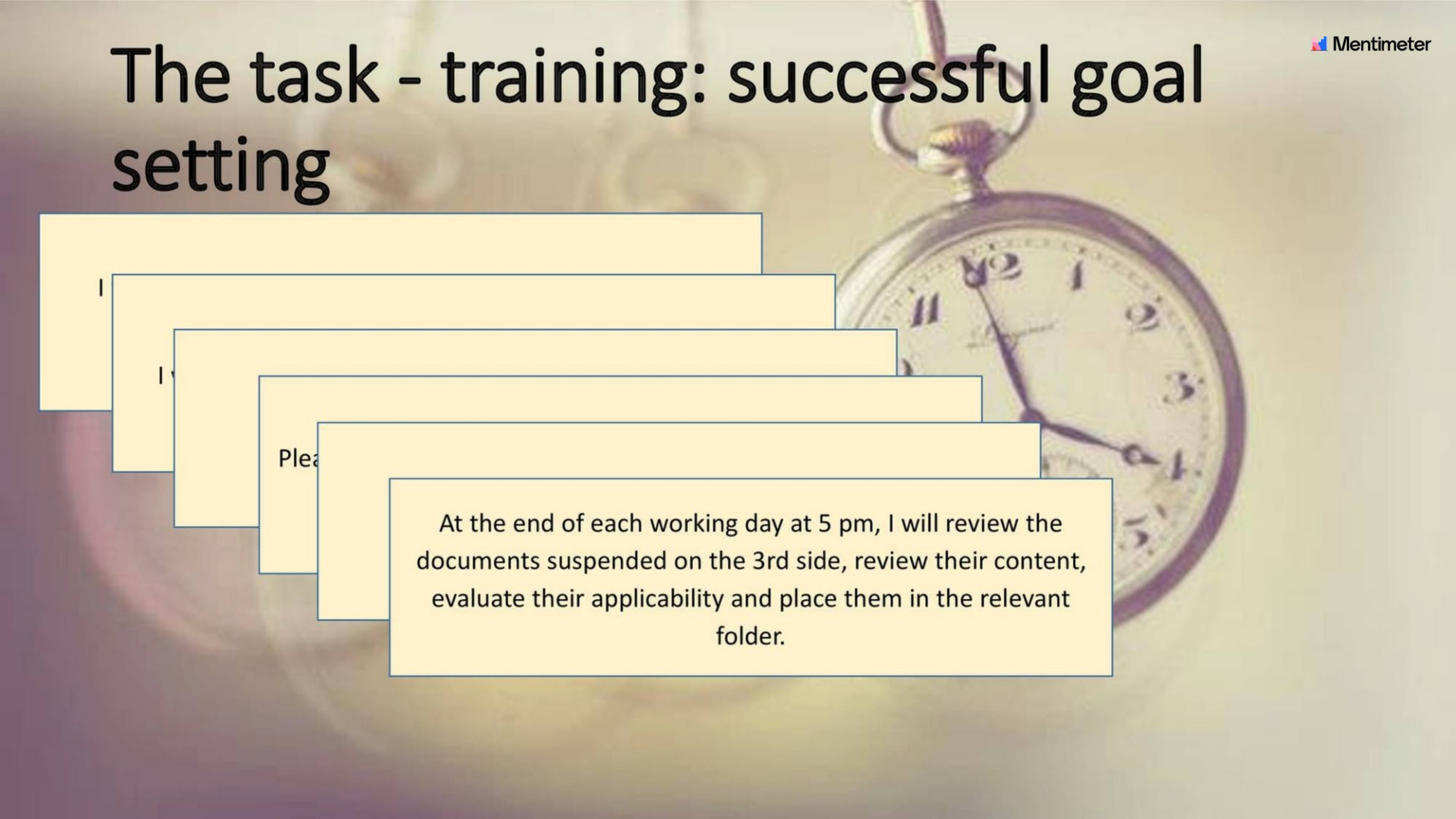
Please take control over the project- take care that everything is ok.



The task - training: successful goal setting



The task - training: successful goal setting



I
I
I
Please
At the end of each working day at 5 pm, I will review the documents suspended on the 3rd side, review their content, evaluate their applicability and place them in the relevant folder.

The task - training: successful goal setting

I

I


Please

do
e

At the end of each working day at 5 pm I will review the

I will prepare for Friday's chemistry seminar: tomorrow, 4:00-6:00 PM, I will read chapters 1 and 2, I will take notes: I will put 5 main themes on the paper.



A photograph of a long, straight asphalt road stretching towards a bright horizon where the sun is setting or rising. The sky is filled with dramatic, colorful clouds in shades of orange, yellow, and blue. The road is flanked by green grass and trees. The overall mood is hopeful and inspiring.

Keep going.
Everything you need will
come to you at a perfect
time.

lessons learned in the future

Thank you for joining us!



**Framework for
Erasmus Staff
Competences**

contact@fesc-project.eu

<https://fesc-project.eu>

